

# **Youth and Adult Adaptive Instructor for the Richard G. Snyder YMCA**

## **Job Description**

Provides hands-on support to participants of the Youth/Adult Adaptive Programs. Instructs group adaptive classes in a safe, enjoyable, and positive environment that welcomes people of all skill and fitness levels. Plans and organizes activities in the gym and pool areas. Effectively builds community within the class. Modifies class as needed to meet varied health, ability and cultural needs. This position reports to the Director of Youth and Family.

## **Qualifications**

- Knowledge of learning and interpersonal behaviors of children with exceptional needs. Curriculum, materials, and strategies for educating students with severe disabling conditions.
- Experience working with special populations required, preferably special needs.
- Previous experience working with children required.

## **Functional Expertise**

- Instructs students in adaptive physical education.
- Enables students to develop an appreciation of the importance of physical education.
- Develops lessons appropriate to the needs and abilities of each assigned student.
- Provides individual/small group instruction that meets desired goals and provides the best use of available class time.
- Assists students with developing healthy lifestyle behaviors and social skills.
- Identifies student needs & cooperates with other staff members in helping students solve health, attitude, & learning problems.
- Uses a variety of instructional techniques appropriate for the ages and skill level of students.

## **Physical Demands**

- Lift up to 50 lbs
- Must participate in all locomotor games/activities in a group setting
- Prolonged standing
- Exhibit strong swimming skills